Note:

* A section must not start with a table/figure – a section must start with a paragraph.
* The whole table/figure must be justified (not aligned left or right) – highlight the whole table, click justify.

Format of tables

* All tables should be numbered consecutively in Arabic numerals.
* Table title should use font Cambria, size 9, emphasised (bold) and italicised.
* Table contents should use font Cambria as well and the size should not be larger than 9.
* Tables should not break in between pages.
* The table title should be inserted as part of the table, to avoid it being separated from its contents.
* Minimal lines in the table is encouraged. Only the lines below the table title and the last row are required.

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| ***Table 1: Table title*** |
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Format of figures

* All figures need to be clear
* All figures need to be numbered in Arabic numerals.
* The titles of the figures need to be shown at the bottom of the figure, font Cambria, size 9, in italic.

*Figure 1: Theoretical framework*